A child who can be placed in more than one category shall use the more protective category. Child safety seats must be used according to the manufacturer’s instructions.

5 Step Test: The seat belt fits correctly when the child sits all the way back against the vehicle seat, the child’s knees bend over the edge of the vehicle seat, the belt fits snugly across the child’s thighs and lower hips, and not the child’s abdomen, and when the shoulder strap snugly crosses the center of the child’s chest and not the child’s neck. Effective 8/1/2019

### Louisiana Child Passenger Safety Law

<table>
<thead>
<tr>
<th>Age/Size</th>
<th>Restraint Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth to at least 2 years old</td>
<td>Ride rear facing in an infant or convertible child safety seat</td>
</tr>
<tr>
<td>At least 2 years old and has outgrown the rear facing seat by height or weight</td>
<td>Ride in a forward-facing child safety seat with an internal harness</td>
</tr>
<tr>
<td>4 years old and has outgrown the forward-facing seat with internal harness by height or weight</td>
<td>Ride restrained in a belt positioning child booster seat using a lap shoulder seat belt</td>
</tr>
<tr>
<td>9 years old or has outgrown the booster seat and can pass the 5 Step Test</td>
<td>Ride restrained with a lap shoulder seat belt secured correctly on the vehicle seat</td>
</tr>
<tr>
<td>Younger than 13 years old</td>
<td>Ride in the rear seat of a vehicle, when available, and properly restrained</td>
</tr>
</tbody>
</table>

Free of charge: Child safety seat fitting stations

Region E: Rapides, Natchitoches, and Vernon Parishes
Rapides, Natchitoches, and Vernon Parishes

Rapides Parish
Louisiana State Police Troop E
*CARFIT*
1710 Odom St.
Alexandria, LA 71301
Scott Moreau
318.769.9577
scott.moreau@la.gov
• Appointment only

Rapides Regional Medical Center
*CARFIT*
211 4th St.
Alexandria, LA 71301
Theresa Hood
318.76 9.4027
• 2nd Wednesday of the Month
• 2–5 pm

Rapides Area Planning Commission
*CARFIT*
803 Johnston St.
Alexandria, LA 71301
Destiny Kunefke
318–487–5401 ext. 17
destiny@rapc.info
• Appointment only

Natchitoches Parish
Sheriff’s Office
Police Jury Parking Lot
David Dorsey
318.652.2745
d dorsey@npsheriff.net
• Appointment only

Vernon Parish
Bayne Jones Army Hospital
Ft. Polk *CARFIT*
3516 Georgia Ave.
Ft. Polk, LA 71459
Leonard Rhodes
337.531.3776
leonardr139@gmail.com
• Every Thursday
• 10 am–2 pm