



Jeff Landry
GOVERNOR

Proclamation

- WHEREAS,** the National Highway Traffic Safety Administration states that 91,000 crashes resulting in 50,800 fatalities and injuries annually involve drowsy driving; and
- WHEREAS,** there is broad agreement across the traffic safety, sleep science, and public health communities that the impact of drowsy driving is underestimated; and
- WHEREAS,** the AAA Foundation for Traffic Safety examined crash reports and developed a model to impute driver drowsiness to conclude that an estimated 17.6% of all fatal crashes from 2017–2021 involved a drowsy driver; and
- WHEREAS,** the National Sleep Foundation (NSF) concluded that getting less than 4 hours of sleep increases crash risk as much as a BAC of roughly 0.12; the equivalent of consuming 2-3 (female) or 3-4 (male) alcoholic drinks in a sitting; and
- WHEREAS,** drowsy driving is as big of a traffic safety concern as drunk, drugged, or distracted driving among causes of crashes; and
- WHEREAS,** the NSF created Drowsy Driving Prevention Week to coincide with the end of Daylight Saving, which can impact circadian rhythms and cause drowsiness while performing important tasks such as driving; and
- WHEREAS,** the NSF provides tips to reduce drowsy driving such as delaying or changing plans when excessively tired, choosing alternative transportation when drowsy, and refraining from operating a vehicle when sleep deprived.
- NOW, THEREFORE,** I, Jeff Landry, Governor of the State of Louisiana, do hereby proclaim November 2-8, 2025, as

Drowsy Driving Prevention Week

and I call this observation to the attention of all our citizens.



In Witness Whereof I have hereunto set my hand officially and caused to be affixed the Great Seal of the State of Louisiana at the Capitol in the city of Baton Rouge on this 22nd day of October A.D. 2025.

Governor of Louisiana